

MEMLINE,C,75

0 microGourmet Introduction

0

0 Welcome to microGourmet. When you start this program the initial
0 identification menu is displayed followed by the main menu. The body
0 of the main menu looks like this (condensed):

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microGourmet		
Main Menu		
1) End This Session		5) Perform Data Base Maintenance
2) Display Help Text		6) Perform Utility Functions
3) Search for Recipes		7) Print Recipes
4) Prepare Shopping List		8) Make a System Backup

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0 At the top of the screen, the date is shown on the left. The time is
0 shown on the right. Immediately below the last line of the menu is the
0 prompt line.

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0 The bottom line indicates the system options which may be changed any
0 time a menu screen is displayed. The function keys control operation
0 of these options. All of these options act as toggles; that is,
0 repeated pressing of the function key changes the option between one
0 of two possibilities. The function keys act as follows:

0

0 Function Key Meaning

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0 F7 If 'Y', play music while searching recipes.
0 If 'N', do not play music.

0

0 F8 If 'Y', allow recipes to be added to shopping list.
0 If 'N', no shopping list may be created.

0

0 F9 If 'D', display recipes found on the screen.
0 If 'P', send recipes found to the printer.

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0 F10 If 'C', assume continuous form paper used in printer.
0 If 'S', assume single sheets of paper used in printer.

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Sheet1

0 If you select main menu item one (End This Session), you will be asked
0 whether your are sure you want to terminate this session. If so, and
0 if both the sound option is on and you are using a color monitor, then
0 a short tune will be played while a color graphics images is created.
0 After the music has played, press any key to terminate the program.

0

0 Selecting main menu item two (Display Help Text) allows you to display
0 help (you are looking at it now). After you select item 2, you will be
0 asked which menu selection you want help with. Just enter the number
0 corresponding to the menu option you're confused about, and appropriate
0 help will be displayed.

0

0 While you are displaying help, at the bottom of the screen you will see
0 that you may press N for the next help screen, P for the previous help
0 screen, or Q to end the help display. You may also press the return
0 key instead of N for the next screen. You may scroll through the help
0 text, forwards and backwards, as long as you like, or press Q at any
0 time to stop.

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0 The following presents a condensed version of the other menus.

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0 Main menu item three (Search for Recipes) displays the following menu:

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microGourmet			
Recipe Search Menu			
1) Return to Previous Menu		4) Category and Name	
2) Display Help Text		5) Category and Ingredients	
3) Category		6) Category and Preparation Time	

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Main menu item four (Prepare Shopping List) shows you the following:

13 three through six will retrieve recipes based on the category, or the
13 category and recipe name, ingredients, or preparation time.

13

13 If you select options three through six, a window will open on the
13 screen. You will be then asked to select a category. To ignore the
13 category, select the number opposite the word 'All'.

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14 Help with Preparing the Shopping List

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14 Selecting this option will bring up the following menu of options:

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microGourmet	
Shopping List Menu	
1) Return to Previous Menu	4) Print Shopping List
2) Display Help Text	5) Delete Shopping List
3) Display Shopping List	6) Consolidate Shopping List

14 At this point you can display or print the shopping list, delete an old
14 shopping list or consolidate the list.

14

14 Normally the shopping list groups ingredients by recipe. Consolidating
14 the shopping list will attempt to find identical ingredients, and add
14 the quantities together (if the measure is the same). Ingredients are
14 then sorted alphabetically, and the shopping list is permanently
14 modified.

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15 Help with Data Base Maintenance

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15 Selecting this option will show you the following menu of options:

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microGourmet	
Recipe Data Base Maintenance Menu	
1) Return to Previous Menu	5) Delete Recipes
2) Display Help Text	6) Undelete Recipes
3) Add Recipes	7) Re-create Indexes
4) Modify Recipes	8) Remove Deleted Recipes

15 From this menu you can add, modify, delete, or undelete recipes. You
15 can also re-create the indexes for the recipes data base, or remove
15 deleted recipes permanently.

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15 If you want to modify recipes, you have three options, which will be
15 shown on the following menu:

microGourmet		
Change/Editing Menu		
1) Return to Previous Menu	4) Add Ingredients	
2) Display Help Text	5) Add Instructions	
3) Change Recipes		

15

15 The options for these two menu screens are explained in detail in the
15 help accompanying each option.

15

16 Help with Performing Utility Functions

16

16 Selecting this option will present the following menu of choices:

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microGourmet		
Utilities Menu		
1) Return to Previous Menu	4) Perform DOS Functions	
2) Display Help Text	5) Change Screen Colors	
3) Re-install microGourmet	6) Print Menus and Help Text	

16

16 When this menu is displayed, you can re-install microGourmet, changing
16 some of the installation parameters, perform DOS functions, change the
16 screen colors (appropriate only if you are using a color monitor), or
16 print the menus and help text.

16

17 Help with Printing Recipes

17

17 Selecting this option will present the following recipe print menu:

17

microGourmet		
Recipe Print Menu		
1) Return to Previous Menu	4) Print Several Recipes	
2) Display Help Text	5) Print All Recipes in a Category	
3) Print One Recipe	6) Print All Recipes by Category	

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 17 You can then print one recipe, several recipes, all recipes in a
 17 category, or all recipes sorted by category.
 17
 17 Options three and four require you to enter the recipe number(s), which
 17 are always shown when recipes are displayed or printed. Option five
 17 requires entry of the appropriate category. In all cases, you will be
 17 asked to make sure the printer is ready, and then proceed.

18 Help with Making a System Backup

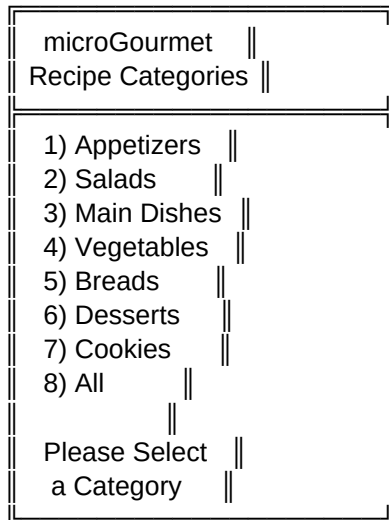
18 Selecting this option will show the following menu of backup options:



18 You can then backup either the recipe files, or all files associated
 18 with microGourmet. Normally you will use option three after modifying
 18 the data base.

23 Help with Finding a Recipe by Category

23 Once you select this option, a window will open on the screen, asking
 23 you to select a category. The window will look like this:



23 You can select any category by number, or ignore the category selection
23 by entering the number opposite the word 'All'. Then recipes will be
23 retrieved according to the category entered.

23

23 If you have selected recipe print (Function key F9 is P), then your
23 selected recipe will be printed. The program will ask that you make
23 sure the printer is ready before proceeding.

23

23 If you have selected recipe display (Function key F9 is D), recipes
23 will be displayed with some identifying information at the top of the
23 screen. Then the ingredients will be displayed. If you press the Q
23 key, display of this recipe will be stopped. Press any other key and
23 ingredients will disappear, followed by a display of the recipe
23 instructions. Recipe ingredients and instructions will be alternately
23 displayed until you press Q.

23

23 After displaying the recipe, if the shopping list option is on, you
23 will be asked whether to add the recipe to the shopping list.

23

24 Help with Finding a Recipe by Category and Name

24

24 Once you select this option, a window will open on the screen, asking
24 you to select a category. The window will look like this:

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24 You can select any category by number, or ignore the category selection
24 by entering the number opposite the word 'All'. Then recipes will be
24 retrieved according to the category entered. For each recipe selected,
24 the recipe number, name and preparation time will be displayed. At the
24 bottom of the screen, a message will ask you to enter a recipe number
24 or press return to continue. If there are additional recipes which
24 satisfy you request, additional screens will be displayed until you

24 either select a number or no more recipes are available to meet your
24 search criteria.

24

24 If you have selected recipe print (Function key F9 is P), then your
24 selected recipe will be printed. The program will ask that you make
24 sure the printer is ready before proceeding.

24

24 If you have selected recipe display (Function key F9 is D), recipes
24 will be displayed with some identifying information at the top of the
24 screen. Then the ingredients will be displayed. If you press the Q
24 key, display of this recipe will be stopped. Press any other key and
24 ingredients will disappear, followed by a display of the recipe
24 instructions. Recipe ingredients and instructions will be alternately
24 displayed until you press Q.

24

24

24 After displaying the recipe, if the shopping list option is on, you
24 will be asked whether to add the recipe to the shopping list.

24

25 Help with Finding a Recipe by Category and Ingredients

25

25 Once you select this option, a window will open on the screen, asking
25 you to select a category. The window will look like this:

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microGourmet ||
Recipe Categories ||
-----||
1) Appetizers ||
2) Salads ||
3) Main Dishes ||
4) Vegetables ||
5) Breads ||
6) Desserts ||
7) Cookies ||
8) All ||
      ||
Please Select ||
a Category ||
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25 You can select any category by number, or ignore the category selection
25 by entering the number opposite the word 'All'. Then you will be asked
25 to enter up to three ingredients. You may enter the ingredients in
25 either upper or lower case. Then recipes will be retrieved which have
25 all the ingredients entered in them.

25

25 For each recipe selected, the recipe number, name and preparation time

Sheet1

25 will be displayed. At the bottom of the screen, a message will ask you
25 to enter a recipe number or press return to continue. If there are
25 additional recipes which satisfy you request, additional screens will
25 be displayed until you either select a number or no more recipes are
25 available to meet your search criteria.

25

25 If you have selected recipe print (Function key F9 is P), then your
25 selected recipe will be printed. The program will ask that you make
25 sure the printer is ready before proceeding.

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25 If you have selected recipe display (Function key F9 is D), recipes
25 will be displayed with some identifying information at the top of the
25 screen. Then the ingredients will be displayed. If you press the Q
25 key, display of this recipe will be stopped. Press any other key and
25 ingredients will disappear, followed by a display of the recipe
25 instructions. Recipe ingredients and instructions will be alternately
25 displayed until you press Q.

25

25 After displaying the recipe, if the shopping list option is on, you
25 will be asked whether to add the recipe to the shopping list.

25

26 Help with Finding a Recipe by Category and Preparation Time

26

26 Once you select this option, a window will open on the screen, asking
26 you to select a category. The window will look like this:

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26 You can select any category by number, or ignore the category selection
26 by entering the number opposite the word 'All'. Then you will be asked
26 to enter the maximum recipe preparation time in minutes. Then recipes
26 will be retrieved for which the preparation time is less than or equal
26 to the time you entered.

26

26 For each recipe selected, the recipe number, name and preparation time
26 will be displayed. At the bottom of the screen, a message will ask you
26 to enter a recipe number or press return to continue. If there are
26 additional recipes which satisfy you request, additional screens will
26 be displayed until you either select a number or no more recipes are
26 available to meet your search criteria.

26

26 If you have selected recipe print (Function key F9 is P), then your
26 selected recipe will be printed. The program will ask that you make
26 sure the printer is ready before proceeding.

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26 If you have selected recipe display (Function key F9 is D), recipes
26 will be displayed with some identifying information at the top of the
26 screen. Then the ingredients will be displayed. If you press the Q
26 key, display of this recipe will be stopped. Press any other key and
26 ingredients will disappear, followed by a display of the recipe
26 instructions. Recipe ingredients and instructions will be alternately
26 displayed until you press Q.

26

26 After displaying the recipe, if the shopping list option is on, you
26 will be asked whether to add the recipe to the shopping list.

26

33 Help with Displaying the Shopping List

33

33 If you select this option, the entire contents of the shopping list
33 file will be displayed. If the shopping list is in the normal form,
33 the recipe name will be listed at the top of the screen, followed by a
33 the recipe ingredients. One or more screens will be used for each
33 recipe, depending on the number of ingredients.

33

33 If the shopping list has been consolidated, the recipe ingredients will
33 be listed in alphabetical order. The same ingredient may appear twice,
33 if the quantity measure is different.

33

34 Help with Printing the Shopping List

34

34 If you select this option, the entire contents of the shopping list
34 file will be printed. The program will ask you to make sure the
34 printer is ready before proceeding. If the shopping list is in the
34 normal form, the recipe name will be printed first, followed by a the
34 recipe ingredients.

34

34 If the shopping list has been consolidated, the recipe ingredients will
34 be listed in alphabetical order. The same ingredient may appear twice,
34 if the quantity measure is different.

34

35 Help with Deleting the Shopping List

35

35 Once you have finished using a shopping list (e.g., you have printed
35 it, taken it to the store for use with grocery shopping), you should
35 delete it. This option just empties the list of any recipes and
35 ingredients, in preparation for using it again.

35

35 If you do not delete old shopping lists, the size of the list will
35 continue to grow. Eventually, you may run out of disk space to contain
35 it.

35

36 Help with Consolidating the Shopping List

36

36 This option is offered for those of you who would rather not have the
36 shopping list grouped by recipe (the normal way). Selecting this
36 option will process the normal shopping list, attempting to find common
36 ingredients. If the ingredient name is identical for two or more
36 ingredients, and the quantity measure is the same, then the amounts for
36 the ingredient will be added. The list is then sorted in alphabetical
36 order.

36

43 Help with Adding Recipes

43

43 You may add your favorite recipes to the data base with this option.
43 In the process you will be updating three different files. One file
43 has the identification information for the recipe. Another file
43 contains the recipe ingredients. The last file stores the recipe
43 ingredients.

43

43 The process of adding a recipe is explained during the update. Once you
43 add an item, you may still change it, by using the up arrow to move
43 back to that field. Notice however, that for ingredients and
43 instructions, once you complete a line for either, you may not change a
43 previous line. This is because of the way that the recipes are stored
43 in three separate files.

43

43 If you made an error while entering a recipe, and you could not correct

43 it at the time, note the recipe number. After you finish adding the
43 recipe, use the option to modify recipes. Then pick the modification
43 option which allows you to change recipes.

43

44 Help with Modifying Recipes

44

44 This option allows you to change recipes which were previously entered
44 into the data base. Selecting this option will bring up the following
44 menu:

44

44

microGourmet			
Change/Editing Menu			
1) Return to Previous Menu		4) Add Ingredients	
2) Display Help Text		5) Add Instructions	
3) Change Recipes			

44

44

44 You may use option three to change the existing contents of a recipe.
44 You use option four to add additional ingredients to a recipe, and you
44 use option five to add additional instructions to a recipe.

44

44 The program will ask you to enter the number of the recipe which you
44 want to change. Then it will guide you through the process of making
44 the desired changes.

45 Help with Deleting Recipes

45

45 You use this option if you want to delete a recipe from your data base.
45 The program will ask you for the number of the recipe to delete. Then
45 it will display status messages as it deletes the entries in each of
45 the three data base files.

45

45 Note that this process only marks recipes for deletion. It does not
45 permanently remove them from the data base.

45

46 Help with Undeleting Recipes

46

46 You may use this option to recover recipes previously deleted, as long
46 as you have not deleted the recipe permanently.

46

46 The program will ask you for the number of the recipe to recover, and
46 then present status messages as it recovers the entries in each of the
46 three data base files.

46

47 Help with Re-creating Indexes

47

47 Normally you should not have to use this option. However, if you
47 notice that, during recipe retrieval, you are not seeing the expected

47 results, use this option to re-create the recipe data base indexes.

47

47 If you are not able to execute this program to select this option, then
47 use the separate program, called INDEX.EXE. which is provided on your
47 distribution disk.

47

48 Help with Removing Deleted Recipes

48

48 If you select this option, then any recipes previously marked for
48 deletion, will be permanently removed from the recipe data base.

48

48 CAUTION

48

48 After you use this option, there is no way to recover any deleted
48 recipes, except by re-entering them manually.

48

53 Help with Re-installing microGourmet

53

53 This option will execute again the procedure of installing
53 microGourmet. You will be given the same prompts as you received the
53 first time you executed the program. Then the file called OPTION.MEM
53 will be saved, which contains the configuration parameters.

53

54 Help with Performing DOS Functions

54

54 When you select this option, you will be temporarily dropped into DOS
54 where you may perform whatever commands you like. Enter the word EXIT
54 to return to microGourmet.

54

54 For this function to work properly, the command processor (COMMAND.COM)
54 must be in the root directory of the disk which you use to boot your
54 PC. If you use a floppy for this purpose, make sure it is in drive A:
54 before attempting to use this option.

54

54 In addition, you must have enough additional memory to load another
54 copy of the command processor. If your system has only the minimum
54 amount of memory, 256k for DOS 2.x, 320k for DOS 3.x, you may not be
54 able to use this option.

54

55 Help with Changing Screen Colors

55

55 This option is appropriate only if you are using a color monitor with
55 microGourmet. The process of selecting colors is fairly easy and self-
55 explanatory. When you first execute this option, you will be asked
55 whether to restore the default colors. Use this option if you have
55 been experimenting with colors and you want to start all over.

55

55 Note that this procedure will not allow you to set the foreground and
55 background colors the same. If you did, you could not then see

55 anything which was displayed.

55

56 Help with Printing Menus and Help Text

56

56 This option is the first one you should use after installing
56 microGourmet. This option will print first the introductory material,
56 then each menu, followed by the help text associated with it. Lastly,
56 a reader comment form will be printed, to allow you to report problems,
56 or make suggestions for future versions of microGourmet.

56

56 This option produces the microGourmet user manual. You should print it
56 at least once.

63 Help with Printing One Recipe

63

63 This option will allow you to print any one recipe in the data base.
63 You must know the number of the recipe you want to print.

63

63 The program will ask you to make sure the printer is ready (i.e.,
63 positioned at the top of form) before proceeding. Then the selected
63 recipe will be printed.

63

64 Help with Printing Several Recipes

64

64 This option will allow you to print several recipes in the data base.
64 You must enter a range of recipe numbers to print.

64

64 The program will ask you to make sure the printer is ready (i.e.,
64 positioned at the top of form) before proceeding. Then the selected
64 recipes will be printed, starting with the lower numbered recipe, and
64 ending with higher numbered recipe. All recipes between and including
64 the two numbers entered will be printed.

64

65 Help with Printing All Recipes in a Category

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65 This option will allow you to print all the recipes in any one
65 category. You must enter one of the following recipe category numbers:

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microGourmet	
Recipe Categories	
1) Appetizers	
2) Salads	
3) Main Dishes	
4) Vegetables	
5) Breads	
6) Desserts	
7) Cookies	

65

65 Then all the recipes in the chosen category will be printed. The
65 program will ask you to make sure the printer is ready (i.e.,
65 positioned to the top of form), before proceeding. It's best to use
65 this option with continuous form paper.

66 Help with Printing All Recipes by Category

66

66 This option will allow you to print all the recipes in the data base,
66 sorted by category. This is a convenient way to produce a copy of all
66 your recipes for your friends.

66

66 The program will ask you to make sure the printer is ready (i.e.,
66 positioned to the top of form), before proceeding. It's best to use
66 this option with continuous form paper.

66

73 Help with Backup of Recipe Files

73

73 If you select this option, all of the recipe data base files will be
73 copied to a backup disk. The program will ask you for the disk drive
73 to copy the files to (e.g. B:). Then it will ask you to insert a disk
73 into the drive all the files and associated indexes will be copied to
73 the disk. You should normally use the same floppy disk for backup
73 purposes, one that you do not use for microGourmet.

73

74 Help with Backup of All microGourmet Files

74

74 This option will backup all microGourmet files. If you are using
74 floppy disk for backup, two disks will be required. The program will
74 ask you to insert the first backup disk. (If you are not using floppy
74 disk for backup, ignore this prompt). After the first disk is copied,
74 the program will ask you to insert the second disk. Then the remaining
74 files will be copied.

74

93 Help with Changing Recipes

93

93 This option will allow you to change an existing recipe. The program
93 will ask you for the number of the recipe to change. Then it will
93 display all the information in the data base regarding the recipe,
93 allowing you to change any items along the way. Note that, once you
93 have changed a line of ingredients or instructions, you may not return
93 to a previous line to re-edit it. You must finish editing the recipe,
93 and then once again execute the change option.

93

94 Help with Adding Ingredients

94

94 This option will allow you to add ingredients to a recipe. The program
94 will ask you for the recipe number. Then it will display identifying
94 information, and allow you to add more ingredients to the recipe.

94

94 Do not attempt to use this option for changing ingredients. This
94 option will only add ingredients to an existing recipe.

94

95 Help with Adding Instructions

95

95 This option will allow you to add instructions to a recipe. The
95 program will ask you for the recipe number. Then it will display
95 identifying information, and allow you to add more instructions to the
95 recipe.

95

95 Do not attempt to use this option for changing instructions. This
95 option will only add ingredients to an existing recipe.

95

99 Comments and Problem Reporting

99

99 microGourmet
99 6958 Hanover Parkway, Suite 301
99 Greenbelt, MD 20770

99

99

99

99 If you have any comments about microGourmet, or suggestions for
99 improvements, or if you found a problem, please copy this
99 page, complete the requested entries, and send it to the above
99 address.

99

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99 Name _____

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99 Company _____

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99 Address _____

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99 City _____

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99 State _____ Zip _____

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99 Version _____

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99 Check One

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99 Comment _____

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99 Suggestion _____

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99 Problem _____

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99 Description

